

# Download Clinical Guide To Hypertension

Access evidence-based guidelines for managing high blood pressure in adults, developed by the Eighth Joint National Committee (JNC-8) and endorsed by the AAFP. Hypertension - Clinical Practice ...2017 Hypertension Clinical Practice Guidelines Released. Links with this icon indicate that you are leaving the CDC website.. The Centers for Disease Control and Prevention (CDC) cannot attest to the accuracy of a non-federal website.The 2017 guideline is a comprehensive guideline incorporating new information from studies regarding blood pressure (BP)-related risk of cardiovascular disease (CVD), ambulatory BP monitoring (ABPM), home BP monitoring (HBPM), BP thresholds to initiate antihypertensive drug treatment, BP goals of treatment, strategies to improve hypertension treatment and control, and various other important issues. Patients with hypertension or high-normal BP levels should reduce sodium intake to 3 g or less per day (37). Physicians should advise patients to choose foods low in salt, minimize the use of salt during cooking, and reduce their intake of table salt (36,43). - Clinical Guide To Hypertension